

AEROBIC GYMNASTICS

BATANG PINOY 2016

**PRE JUNIOR (9-11)
AGE GROUP 1 (12-14)**



**RMC Manila, Philippines
December 9 to 12, 2016**

COMPETITION INFORMATION

December 9 to 12, 2016

1. DATES

The Aerobic Gymnastics Batang Pinoy will be held during 9TH to 12TH of December 2016.

2. VENUE

- Competition Site will be at the Rizal Memorial Coliseum, RMSC-P. Ocampo Sr. St. Malate, Manila 1004 Philippines
- Training Site – the training schedule for each team will be given when the teams arrive.

3. EVENTS

The competition will be carried out in accordance with the GAP Technical Regulations and FIG Code of Points (2013-2016, Cycle XIV) and will consist:

Finals Pre Junior (9-11 years old in the year of competition)

- A. Individual Men (1 male competitor)
- B. Individual Women (1 female competitor)
- C. Trio (3 competitors of optional gender)

Finals Junior Age Group 1 (12-14 years old in the year of competition)

- A. Individual Men (1 male competitor)
- B. Individual Women (1 female competitor)
- C. Trio (3 competitors of optional gender)

4. COMPETITION SCHEDULE

DAY 1	00:00-00:00	Arrival of Delegations (Whole Day)
DAY 2	09:00-12:00	Podium Training for the Opening March and Mass Dance
	01:00-03:00	Judges' Refresher Course
	01:00-05:00	Training per schedule
	03:00-05:00	Coaches' Solidarity Meeting
DAY 3	08:00-09:00	Judges Meeting and Briefing
	09:00-09:30	Opening Parade
	09:30-11:30	Pre Junior (9-11) Finals for IM / IW /TR
	11:30-12:00	Awards Ceremony
	01:00-02:30	Junior AG 1 (12-14) Finals for IM / IW /TR
	02:30-03:00	Awards Ceremony
DAY 4	00:00-00:00	Departure of Delegation (Whole Day)

5. PARTICIPANTS

- 5.1. The Aerobic Gymnastics Batang Pinoy 2016 is open to all GAP Members and Non-members Federations of GAP, GAP Member Clubs, and Delegations endorsed by the concerned LGU.
- 5.2. Competitor must be a Filipino Citizen and bonafide resident of the Philippines and/or of other Nationality currently holding a valid Filipino passport.

6. ENTRIES

- 6.1. **LGU Entry Form A (Entry by Number)** – it is a Delegation List indicating the number of participating athletes only to be certified by the Governor, Mayor or Administrator.

Entry Form A must be completed and should be received by Batang Pinoy Secretariat not later than **4TH of November 2016**.

- 6.2. **LGU Entry Form B (Entry by Name)** – it is a Delegation List indicating the names, sport (event / category) and ages of the participating athletes to be certified by the Governor, Mayor or Administrator.

Entry Form B must be completed by each member of the delegation and must be received not later than **18th of November 2016**.

- 6.3. **LIABILITY AND MEDICAL WAIVER FORM** to be signed by the LGU, Coach or Parent/Guardian and must be submitted not later than **18th of November 2016**.

- 6.4. Additional requirements to be attached on the LGU FORM B: NSO issued **Birth Certificate** or **Birth Certificate (Certified True Copy)** issued by the Local Civil Registrar

- 6.5. Entry forms may be sent by e-mail to the following:

E-MAIL: batangpinoy@psc.gov.ph and copy furnish aergymnasticsphil@gmail.com

7. TECHNICAL / ORIENTATION MEETING

It is mandatory for all Heads of Delegation, Team Managers, Coaches and LGU Representatives to be present in the Technical / Orientation Meeting. At this meeting, all information concerning the detailed organization of the competition will be given by the OC.

The Technical / Orientation Meeting will be held in the GAP Office, RMSC P. Ocampo Sr. St. Malate, Manila, 1004 Philippines

8. COMPETITION RULES AND REGULATIONS

- 8.1. The Gymnastics Association of the Philippines shall be responsible for and have full control of the technical organization of the Aerobic Gymnastics Competition under / with the guidance of the existing GAP Technical Rules and Guidelines.
- 8.2. The Aerobics Competition will be conducted in accordance with the Aerobic Gymnastics FIG Code of Points (2013-2016, Cycle XIV) and FIG Technical Regulation 2013.

9. ACCREDITATION

The accreditation system identifies individuals participating in the event and indicates that these individuals are permitted access. There will be access control at the entrance to each area. All participants are required to wear ID Cards at all times in the competition venue.

At accreditation, participants must check the correct names of their complete delegation, verify accommodation requirements, and make any necessary payments including insurance, hand in their competitors' music CD's.

The accreditation is personal, non-transferable and compulsory to have access to the training and competition hall as well as for the official transport system of the Organizing Committee.

10. MUSIC

Upon arrival, the delegation must deliver two CD's to the OC as per the norms given in the FIG Code of Points. The following information must be written on the CD's / cassettes:

- Region and Province abbreviation
- Name of competitor
- Category (IM / IW / TR)
- Title of the music
- The composer(s) of the music used

The Head of Delegation or the Coach must sign two forms on behalf of the competitor(s)

- The approval of the technical criteria of playing the CD's by the OC
- The confirmation that the music used does not violate any copyrights and that it can be broadcasted within sports.

For training in the training venue the competitor(s) will have to bring their personal (third) copy of the music CD's.

11. ACCOMMODATION

Accommodations for registered athletes and coaches are shouldered by PCS Dormitory and a designated DEPED School near the venue.

Slot reservation is based on entry requirement submission on or before the deadline set by PSC. Those who will miss the deadline should arrange for their own accommodations outside of the PCS dorm or DEPED School assigned.

12. TRAINING – WARM UP

Training sessions will begin Thursday, **9TH December 2016** and the official training venue is at the Rizal Memorial Coliseum - RMSC Vito Cruz Manila, Philippines.

The training schedule will be made according to the arrival time of each delegation and will be handed to the Heads of Delegation upon accreditation.

Access to the competition hall and the training venue will be given only to the members of the delegation wearing their Accreditation ID Cards and only during their respective training time.

13. JUDGES MEETING

ALL members of the judging panel are obliged to attend all meetings, briefings and debriefings as per FIG CoP 1.2.b Briefings will take place before every competition and is compulsory to all appointed judges and reserves.

Judges Briefing will take place on Saturday, 10TH December 2016 from 01:00 – 3:00pm at the GAP office

14. DRAWING OF LOTS FOR JUDGES

The Judges for the finals will draw during the Judges meeting 10TH December 2016.

15. PUBLICATION OF THE SCORES

The scores of the juries and final results will be published on a display screen.

A detailed list of results, including all judges' marks, will be distributed to the Heads of Delegation after the Finals.

16. PROTESTS

Protests regarding scores are not permitted. Extraordinary circumstances – as per the Technical Regulations and Code of Points, Chapter 1, 1.12.

17. MEDICAL SERVICES

The Organizing Committee will provide medical services.

18. VIDEO RECORDING

All routines will be recorded on digital video (DVD).

19. OPENING

The opening will take place Sunday, 11TH December at 09:00 am. Competitors will hold an opening parade and will be presented in this event and must wear their track suit.

20. MEDAL AWARD CEREMONIES

The awarding of medals will take place after the finals of all categories, at this time all competitor(s) are required to wear their competition attire.

The prizes for Aerobic Gymnastics competitions will be awarded as follows: Individual and Trios Events for Pre Junior and AG1.

- First Prize : Gold Medal and Certificate for each gymnast placed first
- Second Prize : Silver Medal and Certificate for each gymnast placed second
- Third Prize : Bronze Medal and Certificate for each gymnast placed third
- Fourth – Sixth Prizes : Certificate for each gymnast placed fourth to sixth



COMPETITION PROGRAMME

	National Development	Age Group 1
AGE	9-11 in the year of the competition	12-14 in the year of the competition
CATEGORIES	IM, IW, TR	IM, IW, TR
EXCEPTIONS	No 1 arm push up No 1 arm support No 1 arm landing	No 1 arm push up No 1 arm support No 1 arm landing
MUSIC LENGTH	1 minute 15 seconds (+/- 5sec)	1 minute 15 sec. (+/- 5sec)
TOTAL DIFFICULTY ELEMENTS	6 MAXIMUM	8 MAXIMUM
COMPETITION SPACE	7m x 7m: IND – MP – TR 10 X 10 : GR	
COMPULSORY ELEMENTS (must be performed without combination)	4 A) PU B) Straddle Support C) Air Turn D) Split through	4 A) Wenson PU B) Straddle Support 1/2 turn C) Tuck Jump 1/1 turn D) Vertical Split
ELEMENTS ALLOWED VALUE	0.1 – 0.4	0.1 – 0.6
FLOOR ELEMENTS	Maximum 4	Maximum 5
PUSH UP LANDING	0	Maximum 1
SPLIT LANDING	Maximum 1	Maximum 1
ELEMENT POOL (Group A, B, C, D)		1 element from each group
LIFTS	0	1(optional)
ATTIRE	FIG Code of Points Optional tights are allowed From Fitting body shorts are allowed for both boys and girls.	FIG Code of Points
JUDGES' PANEL	2-4 A-Jury, 2-4 E-Jury, 2-D Jury, 2-L- Jury, 1- CJP According to the FIG Judges rules, the FIG Technical Regulations, the Aerobic Gymnastics code of points.	
DEDUCTIONS	All other deductions as per FIG Code EXCEPT	
	-1.0 for element values higher than 0.5 -1.0 for elements in 1 arm support, push up, or landing to 1 arm	-1.0 for element values higher than 0.7 -1.0 for elements in 1 arm landing
TEAM RANKING	There will be a team ranking for both categories.	

DEDUCTIONS

	National Development	Age Group 1
Age	<ul style="list-style-type: none"> 9-11 years old in the year of the competition 	<ul style="list-style-type: none"> 12-14 years old in the year of the competition
Difficulty Deductions (-1.0 each time)	<ul style="list-style-type: none"> More than 6 elements Compulsory elements: missing or in combination More than 4 floor elements Elements values higher than 0.4 pt. Elements in 1 arm support Elements landing to PU / 1 arm PU More than 1 element landing to split Repetition of an element 	<ul style="list-style-type: none"> More than 8 elements Compulsory elements: missing or in combination Missing group (not performed) More than 5 floor elements Elements values higher than 0.6 pt. Elements in 1 arm support Elements landing to 1 arm PU More than 1 element landing to PU More than 1 element landing to split Repetition of an element
CJP Deduction (-0.5 each time)	<ul style="list-style-type: none"> Performing Lift(s) Performing Acrobatic elements (A4 to A7) 	<ul style="list-style-type: none"> More than 1 Lift Performing Acrobatic elements (A7)

PROVISIONAL SCHEDULE

DAY 1 – ARRIVAL of DELEGATIONS

DAY 2

Time	Program	Venue
09:00-12:00	Podium Training for the Opening March and Mass Dance	RMC
01:00-03:00	Judges' Refresher Course	RMC
03:00-05:00	Coaches' Solidarity Meeting	RMC
01:00-05:00	Training per schedule	RMC

DAY 3

Time	Program	Venue
08:00-09:00	Judges Meeting and Briefing	GAP Office
09:00-09:30	Opening Parade	RMC
09:30-11:30	Pre Junior Finals for IM / IW / TR	RMC
11:30-12:00	Awards Ceremony	RMC
01:00-02:30	Junior AG1 Finals for IM / IW / TR	RMC
02:30-03:00	Awards Ceremony	RMC

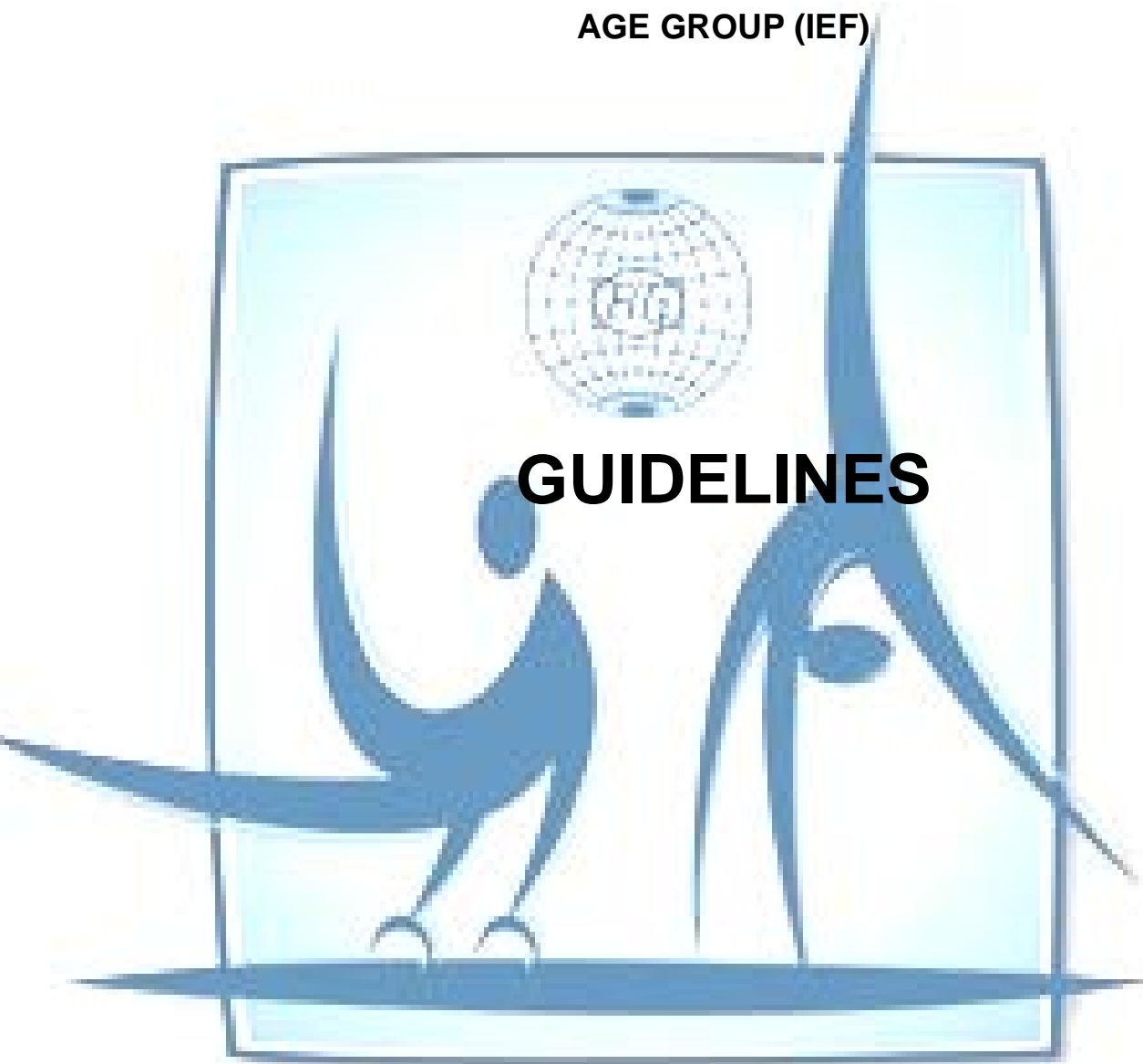
DAY 4 – DEPARTURE of DELEGATIONS

MEN'S ARTISTIC GYMNASTICS

BATANG PINOY 2016

AGE GROUP (IAA)

AGE GROUP (IEF)



GUIDELINES

Gymnastics Training Centre - Manila, Philippines

December 7 to 11, 2016

COMPETITION INFORMATION

December 7 to 11, 2016

PARTICIPATION:

Each Local Government Unit (LGU) may enter a maximum number of 24 gymnasts.

Individual gymnast may also participate and compete even without a team.

The competition is for IAA and IEF only.

ENTRY FORMS:

LGU Entry Form A (Entry by Number) – it is a Delegation List indicating the number of participating athletes only to be certified by the Governor, Mayor or Administrator.

Entry Form A must be completed and should be received by Batang Pinoy 2016 Secretariat not later than **4TH of November 2016**.

LGU Entry Form B (Entry by Name) – it is a Delegation List indicating the names, sport (event / category) and ages of the participating athletes to be certified by the Governor, Mayor or Administrator.

Entry Form B must be completed by each member of the delegation and must be received not later than **18th of November 2016**.

LIABILITY AND MEDICAL WAIVER FORM to be signed by the LGU, Coach or Parent/Guardian and must be submitted not later than **18th of November 2016**.

Additional requirements to be attached on the LGU FORM B: **NSO issued Birth Certificate** or **Birth Certificate (Certified True Copy)** issued by the Local Civil Registrar

Entry forms may be sent by e-mail to the following:

E-MAIL: batangpinoy@psc.gov.ph and copy furnish philippinegymnastics@gmail.com

ACCOMMODATION

Accommodations for registered athletes and coaches are shouldered by PCS Dormitory and a designated DEPED School near the venue.

Slot reservation is based on entry requirement submission on or before the deadline set by PSC. Those who will miss the deadline should arrange for their own accommodations outside of the PCS dorm or DEPED School assigned.

COMPETITION FORMAT

(Based from the FIG Age Group Development Program 2015 and Code of Points 2013-2016 cycle)

Competition Structure

Division	Age Group	Competition
Class HP 1	8 - 9	C I – Qualification
Class HP 2	10 - 11	C II – Individual All-around
Class HP 3	12 - 13	C III – Individual Event Final
Optional Exercise	14 - 16	FIG - COP 2016, Junior

Competition Apparatus and Exercise Routine

Division	Apparatus	Exercise Routine
Class HP 1	Floor Ex. Vault, Mushroom,	Parallel Bars High bar, Rings
Class HP 2	Floor Ex. Vault, Mushroom,	Parallel Bars High bar, Rings
Class HP 3	Floor Ex. Vault, Mushroom,	Parallel Bars High bar, Rings
Optional Ex.	Floor Ex. Vault, Mushroom,	Parallel Bars High bar, Rings
		FIG - COP 2016, Junior Except for Vault

- Participants may not compete in all apparatus.
- The gymnast must include only elements that he can perform with complete safety and with high degree of aesthetic and technical mastery.

General Regulations

Article 1. Competition Ages

a. The gymnasts' age eligibility will be based on his age on December 31 of the year of competition.

Article 2 Warm-up, Spotting and Assistance

a. It is recommended that Competition Classes HP1 be provided with 90-minutes of general warm-up prior to the competition but no one-touch (or 30-second) warm-up in advance of the competition.

b. A spotter is required at horizontal bar for all Competition Classes. The Chair of the Apparatus Jury will not permit the performance to begin until a spotter is present. A deduction of 0.3 will be taken off the final score for that apparatus if the coach leaves during the performance of the routine.

c. Soft safety mats (5, 10 or 20 cm) are permitted without penalty on all apparatus except Floor Exercise; however, normal landing deductions will apply. The use of a safety mat on Floor Exercise will result in a 0.30 deduction from the Final Score.

d. A safety collar must be used for all round-off entry vaults. The Chair of the Apparatus Jury will not permit the performance to begin until a safety collar is present. Failure to use the safety collar will result in a Final Score of 0-points for that vault. A hand-support mat placed in front of the vault board should be available. e. The use of any non-permitted supplementary equipment will be deducted 0.3.

Article 3 General Judging Rules

a. For all Competition Classes of National competition, each member of the judging panel will be responsible for both D-jury and E-jury tasks unless 4 or more judges are assigned to the event.

b. Unless otherwise stated within this document, execution errors for poor technique, poor body position, and permitted elements, etc. are evaluated according to the Junior Rules of the current FIG Code of Points.

c. Deductions of a disciplinary nature are taken from the Final Score by the Chair of the Apparatus Jury.

Specific Regulations

Article 4 Specific Judging Rules

The evaluation of optional exercises will be based on the additive system of the current FIG Code of Points. There are 2 evaluation factors in this system;

A. Difficulty Score (D-score)

The D-score is calculated based on adding the following 3 aspects of a performance;

- i. The values of the difficulties presented in the exercise up to a specified maximum number.
- ii. For Competition Classes HP3, 0.3 for each Element Group Requirement which was fulfilled in the exercise.
- iii. The values of any eligible Bonus Connection points that were performed.

The D-score is calculated according to the following sequence:

1. Determine the value of the dismount. If a gymnast does not perform a recognized dismount he will automatically be penalized by not receiving the 0.3 for that Element Group requirement.
2. Determine if the remaining Element Group requirements have been performed and award 0.3 for each one met (Plus the value of the element itself). This applies also to A-part and B-part dismounts.
3. Add the value of the remaining most difficult recognized elements up to the maximum number of elements permitted.
4. Add any Connection Bonus that applies (Floor Exercise and Horizontal Bar only).

B. Execution Score (E-score)

The E-score deductions for Optional Exercises and, when not specified, for Compulsory Exercises are as follows:

Class HP 1, 2,

Class HP3 & Optional Ex.

Small error	= 0.10	Small error	= 0.10
Medium error	= 0.20	Medium error	= 0.20
Large error	= 0.30	Large error	= 0.30
Fall	= 0.50	Fall	= 0.50

The Final Score for Compulsory and for Optional Exercises is determined by adding the D-score and E-score and this score is then displayed to the public. If possible, the D-score, E-score and Final Score should be displayed.

Additional information

- i. For optional exercises, only legitimate gymnastics element that is recognized in the current FIG Code of Points will be given value.
- ii. Non-value parts may be performed provided they are presented without execution errors.
- iii. Unless otherwise indicated, in optional exercises, a layaway will be permitted without deduction.
- iv. For all Competition Classes, in case of a poor Vault, the gymnast may choose to vault again with an automatic deduction of 1.0 points. This deduction is applied by the Chief of the Apparatus Jury and is deducted from the Final Score.
- v. The FIG atypical straddle regulation will be applied for optional exercise. A strength element performed with straddle will normally be valued at 1 value below the FIG unless otherwise indicated.
- vi. Compulsory exercises are evaluated by a single jury of judges rather than separated Difficulty and Execution Juries.
- vii. Compulsory exercises have a maximum Final Score of 10. Execution deductions are taken from the value of the content performed.

viii. During the performance of any Compulsory Exercise, a gymnast may repeat an element for value following a fall or stop.

ix. The omission of an element will result in the loss of value of that element.

x. The addition of an element will result in the deduction of 0.5 from the Final score.

Article 6 Element Values & Maximum Number of Elements for Optional Ex.

The chart below indicates the maximum number of difficulty parts that may be counted towards the D-score in each Competition Class and the value of those parts. It also indicates which parts may not be performed in a given Competition Class.

Element Values & Maximum Number of Value Parts in D-score (including Dismount)

Maximum Number of Element	A- Part value	B- Part value	C- Part Value	D
8	.1	.2	.3	.4

Article 7 Evaluation of Short Exercises

The following chart indicates how the E-jury must evaluate short exercises in each Competition Class. It is the duty of the D-jury to notify the E-jury how many elements were credited. An element with a large error may count towards the total number of elements required even if not recognized for value or element group requirements.

Evaluation of Short Exercises (maximum E -Score) for Optional Exercise.

8	7	6	5	4	3	2	1
10.0	10.0	6.0	6.0	4.0	4.0	2.0	2.0

Prepared by:

JULIUS A. ARANDIA / LAURO REYES
Men's Artistic Gymnastics Technical Committee

RHYTHMIC GYMNASTICS

BATANG PINOY 2016

DEVELOPMENTAL & PRE-JUNIOR: C-I, C-II, C-III

JUNIOR & GROUP RG: C-I, C-II, C-III



GUIDELINES

RMC Manila, Philippines

December 4 to 8, 2016

COMPETITION INFORMATION

December 4 to 8, 2016

1. DATES

The 2016 Batang Pinoy for Rhythmic Gymnastics will be held during the following dates: 4-8 December 2016

Note : Arrival to prior to 4 December 2016 is subject to billeting availability unless on own arrangement.

2. VENUE

a.) Competition Site will be as follows:

Rizal Coliseum, Rizal Memorial Sports Complex , Malate, Manila

b.) Training Site – the training schedule for each team will be given when the teams arrive.

3. EVENTS

The competition will be carried out in accordance with the FIG Technical Regulations, GAP Technical Regulations, FIG Code of Points for RG; GAP Age Group Program and will consist of:

Developmental: (8-9 years old born 2008-2007)

a.) **Competition I, II, and III : Class HP 2 – Ball, Rope, and FreeHand**

b.) **Group Event Competition (5 gymnasts per group) : Class HP 2 –FreeHand (1:10 min max)**

Pre-Juniors: (10-12 years old born 2006, 2005 & 2004)

a.) **Competition I, II, and III : Class HP 3 – Hoop, Clubs, Rope and FreeHand**

b.) **Group Event Competition (5 gymnasts per group) :**
Class HP 3 – FreeHand; 5 Balls (2:00 min max.)

Juniors: (13 - 15 years old born 2003, 2002 & 2001)

a.) **Competition I, II, and III : Class HP 4 – Rope, Hoop, Ball and Clubs**

b.) **Group Event Competition (5 gymnasts per group) :**
Class HP 4 – FreeHand; 5 Hoops (2:00 min max.)

All program requirements for each discipline are attached to this document

4. COMPETITION SCHEDULE –

DAY 1 ARRIVAL of Delegations (all day)

DAY 2 09:00 – 11:00 H Technical / Orientation Meeting

13:00 – 15:00 H Training Session 1

13:00 – 17:00 H Training Session 2

DAY 3 07:00 – 08:00 H Judges Meeting and Briefing

08:00 – 08:45 H Opening Parade

08:45 – 09:30 H Contest I, II & III Developmental Finals-Free Hand

09:30 – 09:45 H Break

09:45 – 10:45 H Contest I, II & III Developmental Finals- Ball/Rope

10:45 – 11:15 H Break

11:15 – 11:45 H Awarding Ceremony for Competition for Developmental

11:40 – 13:00 H Break

13:00 – 14:30 H Contest I, II & III Pre Junior Finals-Free Hand/Rope

- 14:30 – 14:45 H Break
- 14:45 – 16:15 H Contest I, II & III Pre Juniors Finals- Hoop/ Clubs
- 16:45 – 17:30 H Awarding Ceremony for Competition for Pre-Junior
- DAY 4 07:00 – 08:00 H Judges Meeting and Briefing
- 08:00 – 09:30 H Group Event Finals (Developmental, Pre-Juniors, & Juniors)
- 09:30 – 09:45 H Break
- 09:45 – 10:15 H Awarding for Group Event Finals (Developmental, Pre-Juniors, & Juniors)
- 10:00 – 11:30 H Break
- 11:30 – 13:00 H Contest I, II & III Junior Finals-Hoop/Rope
- 13:00 – 13:15 H Break
- 13:15 – 14:45 H Contest I, II & III Juniors Finals- Ball/Clubs
- 14:45 – 15:00 H Break
- 15:00 – 15:30 H Awarding Ceremony for Competition for Junior
- DAY 5 DEPARTURE of Delegations (all day)

5. PARTICIPANTS

- 5.1 Batang Pinoy is also open to all Filipino whether by birth or naturalized. Foreign-Pinoy may also join provided he/she represents a particular LGU
- 5.2. Representation is strictly by Local Government Unit (LGU). This may be in the form of provincial, city and municipality representation. No athlete shall be accepted without accreditation of a particular LGU.
- 5.3. An athlete shall represent only one (1) LGU
- 5.4. A gymnast can only enter one (1) event, RGI or RGG, not both.
- 5.5. RGI and RGG Junior National pool members barred from competing in Batang Pinoy 2016
- 5.6. No tournament or participation fee shall be collected by the Host LGU and PSC

6. ENTRIES

- 6.1. **LGU Entry Form A** (Entry by Number) – It is a Delegation List indicating the number of participating athletes only to be certified by the Governor, Mayor or Administrator. Entry Form A must be completed and should be received by Batang Pinoy Secretariat not later than **4TH of November 2016.**
- 6.2. **LGU Entry Form B** (Entry by Name) – it is a Delegation List indicating the names, sport (event / category) and ages of the participating athletes to be certified by the Governor, Mayor or Administrator. Entry Form B must be completed by each member of the delegation and must be received not later than **18th of November 2016.**
- 6.3. **LIABILITY AND MEDICAL WAIVER FORM** to be signed by the LGU, Coach or Parent/Guardian and must be submitted not later than **18th of November 2016.**
- 6.4. Additional requirements to be attached on the LGU FORM B: **NSO issued Birth Certificate or Birth Certificate (Certified True Copy)** issued by the Local Civil Registrar
- 6.5. Entry forms may be sent by e-mail to the following:

E-MAIL: batangpinoy@psc.gov.ph and copy furnish philippinegymnastics@gmail.com

- 6.6. **If Entries were sent through courier, please notify GAP National Office immediately.**

7. TECHNICAL / ORIENTATION MEETING

The Technical / Orientation Meeting of managers, coaches, judges and other officials will be held in the competition venue at a date specified by the tournament director.

All coaches and judges are required to attend the technical meeting. Failure to do so will bar you from rules and regulations inquiry during the competition.

All requirements must be submitted on or before the time and date specified by the tournament director. Any late entries or requirements will be subjected to the conditions specified during the technical meeting.

8. COMPETITION RULES AND REGULATIONS (please pages below – Technical manual)

9. MEDAL AWARD CEREMONIES

The awarding of medals will take place after the finals of all categories, at this time all competitor(s) are required to wear their competition attire. The prizes for the 2016 Batang Pinoy Finals Gymnastics competitions will be awarded as follows:

Individual All Around – Developmental, Pre- Juniors and Juniors

- First Prize : Gold Medal and Diploma for each gymnast placed first
- Second Prize : Silver Medal and Diploma for each gymnast placed second
- Third Prize : Bronze Medal and Diploma for each gymnast placed third

Individual Event/Apparatus Finals (each event) Developmental, Pre- Juniors and Juniors

- First Prize : Gold Medal and Diploma for each gymnast placed first
- Second Prize : Silver Medal and Diploma for each gymnast placed second
- Third Prize : Bronze Medal and Diploma for each gymnast placed third

Team Event – Developmental, Pre- Juniors and Juniors

- First Prize : Gold Medal and Diploma for each gymnast placed first
- Second Prize : Silver Medal and Diploma for each gymnast placed second
- Third Prize : Bronze Medal and Diploma for each gymnast placed third

Group All Around – Developmental, Pre- Juniors and Juniors

- First Prize : Gold Medal and Diploma for each group gymnast placed first
- Second Prize : Silver Medal and Diploma for each group gymnast placed second
- Third Prize : Bronze Medal and Diploma for each group gymnast placed third

Group Event/Apparatus Finals (each event) Pre- Juniors and Juniors

- First Prize : Gold Medal and Diploma for each gymnast placed first
- Second Prize : Silver Medal and Diploma for each gymnast placed second
- Third Prize : Bronze Medal and Diploma for each gymnast placed third

Dear GAP affiliated Member Clubs, and Non-affiliated Clubs/Schools/LGU

The Gymnastics Association of the Philippines has the pleasure to invite your Club/School/LGU to participate in the aforementioned official GAP National Event

DISCIPLINE	Rhythmic Gymnastics
HOST	GYMNASTICS ASSOCIATION of the PHILIPPINES
LOCATION	Manila, NCR Philippines
DATE	4 – 8 DECEMBER 2016
VENUE	GAP Gymnastics Centre Rizal Memorial Sports Complex Pablo Ocampo St., Manila
APPARATUS SUPPLIER	RG Floor: Beige
RULES AND REGULATIONS	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> * Statutes * Technical Regulations * Code of Points and relevant Newsletters * FIG Age-Group Development and Competition Program for Rhythmic Gymnastics * General Judges' Rules * Specific Judges' Rules * Apparatus Norms <p>and subsequent decisions of the FIG Executive Committee, GAP RG Technical Committee</p>
CLUBS/ SCHOOLS/ LGU INVITED	GAP will invite all GAP Member and non-member clubs, schools and LGU
AGE LIMITS	<p>Developmental Gymnasts : 9 – 8 y/o (2008 – 2007) Pre-Junior Gymnasts: 10 – 12 y/o (2006 – 2005 – 2004) Junior Gymnasts: 13 – 15 y/o (2002 - 2001 – 2000)</p> <p>Note: A gymnast can only enter one (1) event, RGI or RGG, not both. RGI and RGG Junior National Team members are not allowed from competing in RGG.</p>

COMPETITION PROGRAM	Individual Event (RGI) Competition I, II, and III Developmental (9-8 yo) : Class HP 2 – Ball, Rope, and FreeHand Pre-Junior (10 -12 yo) : Class HP 3 – Hoop, Clubs, Rope and FreeHand Junior (13-15 yo) : Class HP 4 – Rope, Hoop, Ball and Clubs Note: Competition 1 (Team Finals) for Pre-Juniors and Juniors level will follow the FIG format for Team Competition. (3-4 gymnasts each team with 12 routines, maximum 3 from each event. 10 best scores represent team total score) Competition 1 (Team Finals) for Developmental: (3-4 gymnasts each team with 9 -12 routines, 10 best scores represent team total score) Group Event (RGG) Competition (5 gymnasts per group) Developmental (9-8 yo) : Class HP 2 –FreeHand (1:10 min max) Pre-Junior (10 -12 yo) : Class HP 3 – Free hand (2:00 min max.) and 5 Balls (2:30 min max.) Junior (13-15 yo) : Class HP 4 – Free hand(2:00 min max.) and 5 Hoops (2:30 min max.)												
	INDIVIDUAL EVENT (RGI)												
	<table border="1"> <thead> <tr> <th>Level</th> <th>Requirements</th> <th>Max. Possible Points (D)</th> </tr> </thead> <tbody> <tr> <td rowspan="2">Developmental Gymnasts</td> <td> - No C+ - No DER - Max 4 body difficulties with apparatus (1 each group +1) (4 x 0.30 = 1.20) - 2 dance steps (2 x 0.3= 0.6) </td> <td>1.80</td> </tr> <tr> <td> Individual FH (mod) * - 4 body difficulty (max. C) (1 each group +1) (4 x0.3 = 1.20) - 4 acrobatics (4x0.2 =0.80) - 3 dance steps (3x0.3=0.90) </td> <td>2.90</td> </tr> <tr> <td>Pre-Junior Gymnasts</td> <td> - No D+ - Max. 5 body difficulties with (1 each group + 2) (5 x 0.40 = 2.00) 1 DER (1x 0.4 = 0.40) - Min 1 mastery (max 2) (2 x 0.3 = 0.6) - 2 dance steps (2x 0.30 =0.60) </td> <td>3.60</td> </tr> </tbody> </table>	Level	Requirements	Max. Possible Points (D)	Developmental Gymnasts	- No C+ - No DER - Max 4 body difficulties with apparatus (1 each group +1) (4 x 0.30 = 1.20) - 2 dance steps (2 x 0.3= 0.6)	1.80	Individual FH (mod) * - 4 body difficulty (max. C) (1 each group +1) (4 x0.3 = 1.20) - 4 acrobatics (4x0.2 =0.80) - 3 dance steps (3x0.3=0.90)	2.90	Pre-Junior Gymnasts	- No D+ - Max. 5 body difficulties with (1 each group + 2) (5 x 0.40 = 2.00) 1 DER (1x 0.4 = 0.40) - Min 1 mastery (max 2) (2 x 0.3 = 0.6) - 2 dance steps (2x 0.30 =0.60)	3.60	
Level	Requirements	Max. Possible Points (D)											
Developmental Gymnasts	- No C+ - No DER - Max 4 body difficulties with apparatus (1 each group +1) (4 x 0.30 = 1.20) - 2 dance steps (2 x 0.3= 0.6)	1.80											
	Individual FH (mod) * - 4 body difficulty (max. C) (1 each group +1) (4 x0.3 = 1.20) - 4 acrobatics (4x0.2 =0.80) - 3 dance steps (3x0.3=0.90)	2.90											
Pre-Junior Gymnasts	- No D+ - Max. 5 body difficulties with (1 each group + 2) (5 x 0.40 = 2.00) 1 DER (1x 0.4 = 0.40) - Min 1 mastery (max 2) (2 x 0.3 = 0.6) - 2 dance steps (2x 0.30 =0.60)	3.60											

	Individual FH (mod) * - 4 body difficulty (max. D) (1 each group +1) (5 x0.4 = 1.60) - 4 acrobatics (4x0.2 =0.80) - 3 dance steps (3x0.3=0.90)	3.30
Junior Gymnasts	- No E+ - Max 6 body difficulties with apparatus (2 each group) (6x 0.5 = 3.00) - 2 dance steps (2x 0.30 =0.60) - 1 DER (1x 0.4 = 0.40) - Min 2 mastery (max.3) (3x 0.30 = 0.9)	4.90
Execution Marks (Applicable for All Categories)	FIG Deductions	10.00
GROUP EVENT (RGG)		
Level	Requirements	Max. Possible Points (D)
Developmental Gymnasts	Group FH - 4 body difficulty (max. C) (1 each group +1) (4 x0.3 = 1.20) - 3 acrobatics (3x0.2 =0.60) - 2 dance steps (2x0.3=0.60) - 2 collaborations (2x 0.3=0.6)	3.00
Pre-Junior Gymnasts	Group 5 Ball - 3 body difficulty (max. D) (1 each group +1) (4 x0.4 = 1.20) - 2 Exchanges (2x 0.3 = 0.60) - 3 acrobatics (3x0.2 =0.60) - 2 dance steps (2x0.3=0.60) - 3 collaborations (3x 0.3=0.90)	3.90
	Group 5 Free Hand 5 body difficulty (max. D) (1 each group +1) (5 x0.4 = 2.0) - 3 acrobatics (3x0.2 =0.60) - 2 dance steps (2x0.3=0.60) - 3 collaborations (3x 0.3=0.90)	4.10
Junior Gymnasts	Group 5 Hoop -3 body difficulties (max. E) 1 each group (3X0.5 = 1.50) - 3 Exchanges (2x0.3 = 0.6) - 3 acrobatics (3x0.2 = 0.6) - 2 dance steps (2x 0.3 = 0.6) - 3 collaborations (3x0.3 = 0.9)	5.40
	Group 5 Free Hand	

	-5 body difficulties (max. E) 1 each group (5X0.5 = 2.50) - 3 acrobatics (3x0.2 = 0.6) - 2 dance steps (2x 0.3 = 0.6) - 3 collaborations (3x0.3 = 0.9)	4.60
	Execution Marks (Applicable for All Categories)	FIG Deductions 10.00
JUDGES AND JURIES	All judges must have a current valid FIG brevet or GAP brevet at the time of the event. GAP reserves the right to select Batang Pinoy Technical Committee and the panel of judges as it seemed fit and available.	
REGISTRATION DEADLINES	LGU ENTRY FORM A	4TH of November 2016
	LGU ENTRY FORM B	18th of November 2016
	LIABILITY AND MEDICAL WAIVER FORM	18th of November 2016
POVISIONAL SCHEDULE	<p>DAY 1 – 4 December 2016 00:00 – 24:00 H Arrival of Delegations (all day)</p> <p>DAY 2 – 5 December 2016 09:00 – 11:00 H Technical / Orientation Meeting 13:00 – 15:00 H Training Session 1 13:00 – 17:00 H Training Session 2</p> <p>DAY3 – 6 December 2016 07:00 – 08:00 H Judges Meeting and Briefing 08:00 – 08:45 H Opening Parade 08:45 – 09:30 H Contest I, II & III Developmental Finals-Free Hand 09:30 – 09:45 H Break 09:45 – 10:45 H Contest I, II & III Developmental Finals- Ball/Rope 10:45 – 11:15 H Break 11:15 – 11:45 H Awarding Ceremony for Competition for Developmental 11:40 – 13:00 H Break 13:00 – 14:30 H Contest I, II & III Pre Junior Finals-Free Hand/Rope 14:30 – 14:45 H Break 14:45 – 16:15 H Contest I, II & III Pre Juniors Finals- Hoop/ Clubs 16:45 – 17:30 H Awarding Ceremony for Competition for Pre-Junior</p> <p>DAY 4 – 7 December 2016 07:00 – 08:00 H Judges Meeting and Briefing 08:00 – 09:30 H Group Event Finals (Developmental, Pre-Juniors, & Juniors) 09:30 – 09:45 H Break 09:45 – 10:15 H Awarding for Group Event Finals (Developmental, Pre-Juniors, & Juniors) 10:00 – 11:30 H Break 11:30 – 13:00 H Contest I, II & III Junior Finals-Hoop/Rope 13:00 – 13:15 H Break</p>	

	13:15 – 14:45 H Contest I, II & III Juniors Finals- Ball/Clubs 14:45 – 15:00 H Break 15:00 – 15:30 H Awarding Ceremony for Competition for Junior DAY 5 – 8 December 2016 00:00 – 24:00 H Departure of Delegations (all day)		
PARTICIPATION	Head of Delegation		
	Gymnasts	Individuals 4 Developmental (Max.) 4 Pre-Junior (Max.) 4 Junior (Max.)	
		Group 5 Developmental 5 Pre-Juniors 5 Juniors	
	Coach	6 Coaches (1 for each category is allowed)	
Judge	1 Judge (optional)		
INSURANCE	GAP, PSC and POC will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The GAP Technical Regulations foresee that all participating Clubs, Schools or LGU are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation. GAP will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform GAP in advance.		
PROVINCIAL/ LOCAL TRANSPORTATION	The invited participating clubs, schools and LGU must pay for the travel costs of their delegation members		
ACCOMMODATION	Accommodations for registered athletes and coach(es) are shouldered by PCS Dormitory and a designated DEPED School near the venue. Slot reservation is based on entry requirement submission on or before the deadline set by PSC. Those who will miss the deadline should arrange for their own accommodations outside of the PCS dorm or DEPED School assigned.		
AWARDS	Developmental	Pre-Junior	Junior
	Comp I – Team F	Comp I – Team F	Comp I – Team F
	1st 2nd 3rd	1st 2nd 3rd	1st 2nd 3rd
	Comp II – IAA	Comp II – IAA	Comp II – IAA
1st 2nd 3rd	1st 2nd 3rd	1st 2nd 3rd	
Com III – EF	Com III – EF	Com III – EF	
1st 2nd 3rd	1st 2nd 3rd	1st 2nd 3rd	

	Group F 1st 2nd 3rd	Group F 1st 2nd 3rd	Group F 1st 2nd 3rd
DEADLINE SUMMARIES	LGU ENTRY FORM A		4TH of November 2016
	LGU ENTRY FORM B		18th of November 2016
	LIABILITY AND MEDICAL WAIVER FORM		18th of November 2016
	Travel Entry		23RD of November 2016
	Accommodation Form		23RD of November 2016

Sincerely yours

Ernida A. Tolentino
 Chair, RG Technical Committee
 Gymnastics Association of the Philippines



WOMEN'S ARTISTIC GYMNASTICS

BATANG PINOY 2016

AGE GROUP C-I, C-II, C-III



GUIDELINES

**Gymnastics Training Center - Manila, Philippines
December 3 to 7, 2016**

COMPETITION INFORMATION
December 3 to 7, 2016

1. DATES

The 2016 Batang Pinoy Youth Games for Women's Artistic Gymnastics will be held during the following dates:

DEC 03 – Arrival of Delegates / Free Practice / Orientation

DEC 04 – Judges Review and Meeting / Podium Training

DEC 05 – C-I / C-II and C-III

DEC 06 – Preparation and Submission of Report

DEC 07 – Departure of Delegates

Note: Arrival prior to Dec 4 is subject to billeting availability unless on own arrangement.

2. VENUE

a.) Competition Site will be as follows: National Gymnastics Center-Rizal Memorial Sports Complex Malate Manila

b.) Training Site – the training schedule for each team will be given when the teams arrive.

3. EVENTS

The competition will be carried out in accordance with the 2015 FIG Technical Regulations, 2015 Version of Age Group Development Program with GAP Modification, FIG Code of Points 2013-2016 version 2014; will consist of the following categories and age groups:

HP 2 Compulsory Routines

HP 3 Optional Routines, modified Vault following FIG Junior guidelines

4. COMPETITION SCHEDULE – TBA

5. PARTICIPANTS

5.1. The 2016 Batang Pinoy Youth Games- GAP Pre-Junior Competitions are open to all affiliate members and federations of GAP, GAP member clubs, and delegations endorsed by the concerned Local Government Units .

5.2. Competitor must be a Filipino citizen and bonafide resident of the Philippines and/or of dual citizenship currently holding a valid Philippine passport.

HP 2: 9-10 years old in the year of competition

HP 3: 11-12 years old in the year of competition

6. ENTRIES

6.1. **LGU Entry Form A (Entry by Number)** – it is a Delegation List indicating the number of participating athletes only to be certified by the Governor, Mayor or Administrator.

Entry Form A must be completed and should be received by 2016 Batang Pinoy Secretariat not later than **4TH of November 2016**.

6.2. **LGU Entry Form B (Entry by Name)** – it is a Delegation List indicating the names, sport (event / category) and ages of the participating athletes to be certified by the Governor, Mayor or Administrator.

Entry Form B must be completed by each member of the delegation and must be received not later than **18th of November 2016**.

6.3. **LIABILITY AND MEDICAL WAIVER FORM** to be signed by the LGU, Coach or Parent/Guardian and must be submitted not later than **18th of November 2016**.

6.4. Additional requirements to be attached on the LGU FORM B: **NSO issued Birth Certificate or Birth Certificate (Certified True Copy)** issued by the Local Civil Registrar

6.5. Entry forms may be sent by fax or e-mail to the following:

E-MAIL: batangpinoy@psc.gov.ph and copy furnish philippinegymnastics@gmail.com

Please inform GAP National Office soon as you have sent your entries if by courier.

7. TECHNICAL / ORIENTATION MEETING

The Technical / Orientation Meeting of managers, coaches, judges and other officials will be held in the competition venue at a date specified by the tournament director.

Technical meeting with coaches and judges will be on Dec 04 (time and venue to be announced)

8. COMPETITION RULES AND REGULATIONS (please see pages below – Technical Manual)

9. MEDAL AWARD CEREMONIES

The FIG Technical Regulations will be used for tie breaking. The awarding of medals will take place after the finals of all categories. At this time all competitor(s) are required to wear their competition attire. The prizes for the 2016 Batang Pinoy Finals Gymnastics competitions will be awarded as follows:

Individual All Around (Comp. II) HP2 and HP3

First Prize: Gold Medal and Diploma for each gymnast placed first
Second Prize: Silver Medal and Diploma for each gymnast placed second
Third Prize: Bronze Medal and Diploma for each gymnast placed third Individual

Apparatus Finals (Comp. III) HP2 and HP3

First Prize: Gold Medal and Diploma for each gymnast placed first
Second Prize: Silver Medal and Diploma for each gymnast placed second
Third Prize: Bronze Medal and Diploma for each gymnast placed third Individual

TECHNICAL MANUAL

I. Competition Classes: HP2 Compulsory Routine and HP3 Optional

II. Modification to the 2015 Age Group Development Program:

The competition will be based on the 2015 FIG Age Group Development Program with the following modifications:

WAG COP modifications for Junior Competitions shall be applied for the following:
HP finals (C-III) and qualifying for C-III for vault (2 different vaults)

III. Types of Competition

The National Level Competition will use C-I, C-II and C-III competitions and shall therefore follow the format of said competitions. It will be a one day (1) competition, with C-1/C-II (All Around finals), C-III (Apparatus Finals) all happening on one day.

IV. Summary of General Regulations:

A. Competition Ages The gymnasts' age eligibility is based on her age on December 31 of the year of the competition. Eligible gymnast must be aged: HP2: 9-10 yrs old in 2015 HP3:11-12yrs old in 2016

B. Warm-up, Spotting and Assistance

1. 90-minutes of general warm-up prior to the competition but no one-touch (or 30-second) warm-up in advance of the competition, unless the chair of the apparatus jury deems it necessary to have a touch warm-up due to the size of the group.
2. A spotter is required at single bar or uneven bars for all Competition Classes. The Chair of the Apparatus Jury will not permit the performance to begin until a spotter is present. A deduction of 0.3 will be taken off the final score for that apparatus if the coach leaves during the performance of the routine.
3. Soft safety mats (5, 10 or 20 cm) are permitted without penalty on all apparatus except Floor Exercise; however, normal landing deductions will apply. The use of a safety mat on Floor Exercise will result in a 0.30 deduction from the Final Score.
4. A safety collar must be used for all round-off entry vaults. The Chair of the Apparatus Jury will not permit the performance to begin until a safety collar is present. Failure to use the safety collar will result in a Final Score of 0 points for that vault. A hand support mat placed in front of the vault board should be available. 5. The use of any non-permitted supplementary equipment will be deducted 0.3.

C. General Judging Rules

Optional Routine

1. For all Competition Classes of National competition, each member of the judging panel will be responsible for both D jury and E jury tasks when necessary. A panel will always be under the supervision of a Brevet judge either as Head Judge (D1) or as Apparatus Supervisor.
2. Deductions of a disciplinary nature are taken from the Final Score by the Chair of the Apparatus Jury.

Compulsory Routine

1. Compulsory exercises are evaluated by a single Jury Of Judges
2. Compulsory exercises have a maximum Final Score of 10.00. Execution deductions are taken from the value of content performed
3. During the performance of any Compulsory Exercise, a gymnast may repeat an element for value following a fall or stop.
4. The omission of an element will result in the loss of the value of that element
5. The addition of an element will result in the deduction of 0.50 from the final score. V.

V. Summary of Specific Regulations

Specific Judging Rules

1. The evaluation of optional exercises in Competition Classes HP3 will be based on the additive system of the current FIG Code of Points. There are 2 evaluation factors in this system; a Difficulty Score (D score) and Execution Score (E score).
2. D-score The D-score is calculated based on adding the following 3 aspects of performance;
 - a) The values of the difficulties presented in the exercise up to a specified maximum number.
 - b) For Competition Class HP3, each Element Group requirement which was performed and fulfilled in the exercise will receive 0.30 points
 - c) Add the value of the remaining most difficult recognized elements up to the maximum number of elements permitted.
 - d) Add any Connection Bonus points that applies

3. E-score

The E-score deductions for Exercises are as follows:

	HP2	HP3
Small error	= 0.10	0.10
Medium error	= 0.20	0.30
Large error	= 0.30	0.50
Fall	= 0.50	1.00

Final Score for the Optional Routine

The Final Score for exercise is determined by adding the D-score and E-score

Additional Information:

1. Non-value parts are neither credited nor deducted provided they are performed without execution errors. (Deduction for additional or lacking element(s) in compulsory routines applies).
2. In case of a poor Vault, the gymnast may choose to vault again with an automatic deduction of 1.00 points deducted from the Final Score of the performed vault by the Chief of Apparatus Jury.

VI. Additional Modifications to the FIG Code of Points for Competition

A. Developmental Parts: The gymnast may make use of specially designated developmental parts; parts whose value differs from those listed in the current FIG Code of Points or are not recognized within that Code. Gymnasts may use the identified elements to meet Difficulty requirements, Element Group Requirements and possible Connection Bonus points.

B. Repetition: The gymnast may repeat one element of: HP3: B or C element and still be credited for both elements

VII. Element values and Maximum number of value parts for D score

HP3: Maximum 8 elements, A=.1, B=.2, C=.3, D=.4, E and higher is not permitted

VIII. Short Exercise: The maximum E score will be based on the counting elements

HP3

- 1 element = 1.0
- 2 elements = 2.0
- 3 elements = 3.0
- 4 elements = 4.0
- 5 elements = 5.0
- 6 elements = 6.0
- 7 elements = 8.0
- 8 elements = 10.0

IX. Apparatus Specifications

HP3

- A. Vault: Table at Table at 1.15-1.25m, Yurchenco collar
- B. Bars : FIG standard (High Bar:2.5m, Low Bar:1.70M) 20cm safety mat is permitted
- C. Balance Beam: FIG height = 125cm
- D. Floor: FIG 12m x 12m

X. Summary of Specific Apparatus Regulations

A. Permitted Vaults

1) C-I: the 1st vault score counts towards the C-II (All-Around Total) and C-IV (Team Final) I. The gymnast who wishes to qualify for the Apparatus Finals must perform two (2) vaults as per the Junior Apparatus Finals rules:

Gymnast must perform two (2) different vaults which will be averaged for the final score.

2) Permitted Vaults and Difficulty Values:

HP3	V#	Value
Handspring	= 1.00	2.0
Handspring ½	= 1.01	2.2
Handspring 1/1	= 1.02	2.5
Handspring 1 ½	= 1.03	2.7
Handspring Front Tuck	= 2.10	2.7
Handspring Front Tuck ½	= 2.11	2.9
Handspring Front Pike	= 2.20	2.9
Handspring Front Pike ½	= 2.21	3.1
½ on	= 1.20	2.0
½ on½ off	= 1.21	2.2
½ on1/1 off	= 1.22	2.5
Tsukahara tuck	= 3.10	2.7
Yurchenko Tuck	= 4.10	2.7
Yurchenko Tuck 1/1	= 4.12	2.9
Yurchenko Pike	= 4.20	2.9
Yurchenko Straight	= 4.30	3.1

3) Special Apparatus Deductions (D- Panel)

- Provisions in the 2014 edition of COP will be followed

B. Uneven Bars

1. Composition Requirements: (0.30 @)

- a) Long hang swing with minimum of ½ turn
- b) Close bar element
- c) Two transition between bars (must be an element in the COP)
- d) Dismount

8 skills maximum for D score

2. Developmental and supplemental skills:

- a) The DV of all flight elements are increased by one value
- b) Back up rise to support = A part
- c) Swing Fwd ½ turn, min.45° and grip change to over grip = A part
- d) Early fwd pirouette, min 45° and grip change to under grip = A part May repeat one skill of B or C value for difficulty

C. Balance Beam

1. Composition Requirements: (0.30 @)

- a) Two connected dance element
- b) Minimum full turn on 1 foot
- c) One ACRO flight element

d) DMT

8 skills maximum for D score Maximum 4 ACRO elements

2. Developmental and Supplemental Skills:

The DV of saltos that land on the beam are given 1 value higher May repeat one skill of B or C value for difficulty.

D. Floor Exercise

1. Composition Requirements: .30

- a) A passage with three (3) dance element
- b) FWD ACRO element
- c) BWD ACRO element

d) DMT (4th or last counting ACRO line) 8 skills maximum for D score

2. Developmental and supplemental skills:

- a) Round off and Cartwheel = A part
- b) The DV of double salto tucked or piked are given one (1) value higher May repeat one skill of B or C value for difficulty

XI. Additional Regulations

A. Dismount (DMT) Principle: No DMT = 0.00 P

Any recognized DMT element = 0.30P

B. Recognition of elements occur in chronological order

C. Table of General Faults and Penalties shall be followed

D. Content and construction of the exercise and specific apparatus deductions shall be followed when it applies

E. Element Values: FIG COP will be followed unless specified otherwise in the Developmental and Supplemental skills

F. Tie Breaking Rules:

Competition II:

In case of a tie in points at any place in Competition II, the ranking will be determined by the following criteria:

1. The gymnast with the highest sum of the final apparatus scores obtained will prevail (i.e., add the total of the 3, 2, 1 of the highest final apparatus score)
2. If they remain tied, the highest total E-score by adding all apparatus will prevail
3. If they remain tied, the highest total D-score by adding all apparatus will prevail.
4. If they remain tied, the gymnast will share the same classification

Competition III:

In case of a tie in points in the final score on all apparatus except for the Vault, the ranking will be determined by the following criteria:

1. the gymnast with the highest E-score prevails
2. If they remain tied, the gymnast with the highest D-score prevails
3. If they remain tied, the gymnasts will share the same classification

Competition III - Vault:

In case of a tie in points in the final score on all apparatus on Vault in Competition III, the ranking will be determined by the following criteria:

1. the highest of the 2 vaults before the average for the final score
2. If they remain tied, the highest E-score from the 2 vaults will prevail
3. If they remain tied, the highest D-score from the 2 vaults will prevail
4. If they remain tied, the gymnasts will share the same classification