



# PHILIPPINE KARATEDO FEDERATION - NSA Inc.

Member: Philippine Olympic Committee  
Asian Karatedo Federation  
World Karate Federation



PKF Headquarters  
Karate Gym,  
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## BATANG PINOY

### TECHNICAL GUIDELINES;

- World Karate Federation Rules latest Version 2015 (**WKF 9.0**) w/ Local Revisions
- Officiated by Philippine Karatedo Federation – NSA Inc Licensed Referee's & Judge's
- Protective gears are required such as mouth piece, bodyprotector(BOYS/GIRLS), mitts(2015 **GLOVES**), shin/instep guard with red & blue colored belts. ( ONLY WKF or PKF-NSA APPROVED)
- Coaches must be PKF-NSA, Inc Accredited or License Coach – No accreditation no Coaching
- Coaches with no license or accreditation must attend the Special accreditation seminar
- Coaches must be 18 years old and above.
- Subject to changes without prior notice.

### Tournament Items

- 1.) Mats/ Tatami 200 pcs
- 2.) Laptop / Timer – 2 sets
- 3.) Flags – 10 sets
- 4.) Whistle – 10 pcs
- 5.) Body Armor – WKF / PKF
- 6.) Karate Gloves – WKF/ PKF approved 5 sets red and blue
- 7.) Karate Shin Guard Set 5 set red and blue WKF/PKF
- 8.) Belt red and blue 5 set WKF/ PKF
- 9.) Weighing scale
- 10.) Projector & Screen
- 11.) TV Monitors / Score Board / Laptop / Extension Cord per court - 2 Set
- 12.) Basic Sound System

### Proposed Event Program

#### Day 1

- 9AM – 11 Am Registration / Weight In
- 2PM – 3PM Team Managers Meeting / Pairing
- 4PM – 6PM Coaching Seminar

#### Day 2 – 10AM to 6PM

- Kata Event Elimination
- Kata Event Semi-finals
- Kata Event Finals
- Awarding

#### Day 3 - 10AM to 6PM

- Kumite Event Elimination – girls
- Kumite Event Semi-finals
- Kumite Event Finals
- Awarding

### Day 4 - 10AM to 6PM

- Kumite Event Elimination – boys
- Kumite Event Semi-finals
- Kumite Event Finals
- Awarding

### EVENT CATEGORIES

## KATA EVENT

#### Advance Kata - Score Card Elimination System best of four - Flag System Finals

- Advance Kata WKF advance Kata guidelines
- 8-15 yrs old categories
- **Max 4 katas**
- Scoring system (elimination round)
- No repetition of KATAS
- **Top 4 for the final round**
- Final bout FLAG SYSTEM.

#### Intermediate Kata -- Score Card

- Kata Heian 3-5/Pinan 3-5 (Open Style)
- **Max 2 katas**
- Can repeat kata but not consecutive.(not in succession)
- Top 2 for final bout.
- Scoring system (elimination round)
- Final bout FLAG SYSTEM (they perform together)

#### Novice Kata – Score Card Best Kata

- Kihon, Kata Heian 1-2 /Pinan 1-2 (Open Style)
- Scoring system to finals.

#### I. KATA Events

##### 1.) Individual Boy's Kata

##### A) Advance kata boys

- 1.) 14/15 years old
- 2.) 12/13 years old
- 3.) 10/11 years old
- 4.) 8/9 years old

##### B) Intermediate Kata Boys

- 5.) 14/15 years old
- 6.) 13 years old and below

##### C) Novice Kata Boys

- 7.) 14/15 years old
- 8.) 13 years old and below

2.) Individual Girl's Kata

A. Advance Kata

- 9) 14/15 years old
- 10) 12/13 years old
- 11) 10/11 years old
- 12) 8/9 years old

B) Intermediate Kata Girls

- 13) 14/15 years old
- 14) 13 years old and below

C) Novice Kata Girls

- 15) 14/15 years old
- 16) 13 years old and below

Note:

Novice kata players that played last year QUALIFYING and NATIONALS will not be allowed to play in the novice category.

**NOVICE KATA PLAYERS can't play in the KUMITE category.**

Intermediate kata players can't participate in the ADVANCE KATA category, but they can play in the KUMITE.

II. Team Kata Event (Zonal & National Championship)

- 15 yrs old below – mixed age
  - 3 members
  - Advance kata only **WKF advance** kata guidelines
  - Zonal championship no bunkai
  - National Championship requires bunkai on medal round
- 17.) Team Kata Boys – 3 Members  
18.) Team Kata Girls – 3 members

## KUMITE EVENT

Individual Kumite (Zonal & National Championship)

Duration of the Kumite Bouts

Boys/Girls 14-15 years old 2 minutes

Score WKF RULE

Boys/Girls 13 and below 1.5 minute

Score First to reach 6 points

# BOYS KUMITE

## 14/15 years old.

- 19) -52kg
- 20.) -57kg
- 21.) -63kg
- 22.) -70kg
- 23.) +70kg

## 8-13 years old

- 24.) -28
- 25.) -32
- 26.) -37
- 27.) -45
- 28.) +45

# GIRLS KUMITE

## 14/15 years old

- 29.) -47kg
- 30.) -54kg
- 31.) +54kg

## 8-13 years old

- 32.) -25kg
- 33.) -30kg
- 34.) -35kg
- 35.) -40kg
- 36.) +40kg

Medals Needed

Gold – 40

Silver -40

Bronze –80

**Prepared by:**

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Chairman Technical Commission

**RAYMUND LEE REYES**  
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